



### Monday

- 11.00am** - Horticultural Club
- 2.00pm** - Weekly Pamper Sessions
- 3.30pm** - Memories of the Past, Photos and Scrap-booking Workshop

### Tuesday

- 11.00am** - Flower Arranging Master Class
- 2.00pm** - Mindfulness Colouring Workshop
- 3.30pm** - Well-being Exercise (Yoga and Pilates)

### Wednesday

- 11.00am** - Still Life & Drawing Master Class
- 2.00pm** - Excursions to Meaningful Places - Historical Landmarks, Operas, Theatres, Rotary Clubs
- 3.30pm** - Traditional Tea Dance

### Thursday

- 11.00am** - Orchestral Concert
- 2.00pm** - Memories of the Past, Photos and Scrap-booking Workshop
- 3.30pm** - Language Lessons

### Friday

- 11.00am** - Movement to Music
- 2.00pm** - Local Primary School Visit
- 3.30pm** - Sharing Stories

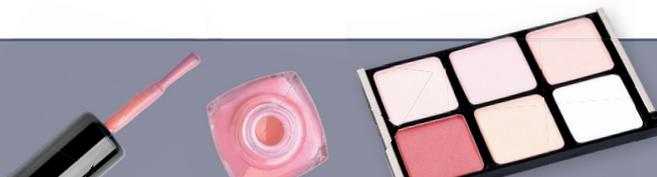
### Saturday

- 11.00am** - Ramblers Club
- 2.00pm** - Animal Therapy
- 3.30pm** - Reminiscence Workshop

### Sunday

- 11.00am** - Family History Tracing
- 2.00pm** - Local Church Service
- 3.30pm** - Live Virtual Events

### Notes





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